



SUSSEX
2015

SUMMER GUIDE

Save over
£200 on local
attractions!

Find Family
-Friendly
Activities

Plus!

- ✓ RAINY DAY ACTIVITIES
- ✓ COLOUR-IN SUMMER COUNTDOWN PLANNER
- ✓ CREATIVE PICNIC IDEAS
- ✓ OUR FAVOURITE CAMPING TIPS





Spot our 10
rainy day tips in
raindrops

KalliKids Summer Guide

Welcome to the Sussex KalliKids Summer Guide. Over the coming pages you'll find everything you need to organize an unforgettable summer holiday in Sussex.

Whether it's a day out with the family, a rainy day indoors, or an entire holiday that needs filling up with exciting activities, we've got you covered.

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They're finally here! But as the long (and hopefully gloriously sunny!) summer holidays stretch ahead of us, there's one question on the mind of pretty much every parent: 'How am I going to keep the kids happy?'

To help you, we've put together The KalliKids Summer Guide. It's packed with ideas for accredited, family-friendly places to go and things to do near you, and we've even added some extra ideas on what to do with your kids when it's raining, some creative picnic food recipes, and our top tips for camping with kids.

Plus, to make your money go even further this summer, we've included money off vouchers and other offers for activities near you.

Which all adds up to a fantastic family summer holiday - whatever the weather!

From all of us here at the KalliKids Team, Happy Summer!

Create lasting memories
with a KalliKids
Accredited Family
Activity

 **KalliKids**[™]
reCommended by parents

With so much choice on offer, KalliKids has got something for everyone. With a rich and historic heritage, Sussex offers something for the active, the inquisitive and the creative in all of us. Find all these and MORE at kallikids.com

- [Art-ful Pottery Café](#), Brighton
- [Artrooms Brighton](#), Brighton
- [Beach Bus Bakery](#), Brighton
- [Borde Hill Gardens](#), Haywards Heath
- [Brighton Racecourse](#), Brighton
- [Brighton Wheel](#), Brighton
- [De La Warr Pavilion](#), Bexhill
- [Drusillas Park](#), Alfriston
- [Fishers Farm Park](#), Wisborough
- [Kerrie Berrie Beads](#), Brighton
- [Little Lions Soft Play](#), Worthing
- [Paradise Park](#), Newhaven
- [The Creperie](#), Brighton
- [The Garden Café Hove](#), Hove
- [The Painting Pottery](#), Brighton
- [The Parlour Café](#), Brighton
- [The Sussex Archaeological Society](#), Sussex
- [Washbrooks Farm](#), Hurstpeirpoint
- [Waterfall Beads](#), Burgess Hill
- [Westows](#), Hove
- [Worthing Museum](#), Worthing



Get sporty this summer
with a KalliKids
Accredited Sports
Activity

Make An
Obstacle
Course

Time yourself
going round

 **KalliKids**
reCOMMENDED by parents

Blow the cobwebs away and get active this summer with these family friendly sports activities. Find out more and read what their customers have to say about them at kallikids.com.

- [Academy of Scuba Diving](#), Brighton
- [Adur Outdoor Activity Centre](#), Shoreham
- [Albourne Equestrian Centre](#), Albourne
- [Apollo Laser Tag](#), Burgess Hill
- [Ardingly Activity Centre](#), Ardingly
- [Arundel Lido](#), Arundel
- [Branching Out](#), Halland
- [Brooklands Go Cart](#), Worthing
- [Cuckfield Golf Centre](#), Cuckfield
- [Deans Leisure Centre](#), Brighton
- [Hamsey Riding School](#), Lewes
- [High Sports Brighton](#), Brighton
- [High Sports Crawley](#), Crawley
- [Horsham Table Tennis Club](#), Horsham
- [Hove Rugby Football Club](#), Hove
- [Lagoon Watersports](#), Hove
- [Lavant House Stables](#), Chichester
- [Pavillion and Avenue Tennis Club](#), Brighton
- [Portslade Sports Centre](#), Hove
- [Q leisure](#), Brighton
- [Run School](#), Brighton
- [Sussex Cricket Club](#), Sussex
- [Talking Trees](#), Lewes
- [The Kayak Coach](#), Brighton & Seaford
- [The Sussex Swim School](#), Horsham & Crawley
- [Wild Nature](#), Lewes
- [Woodland Adventures](#), Uckfield
- [Worthing Cricket Club](#), Worthing



BRANCHING OUT ADVENTURES



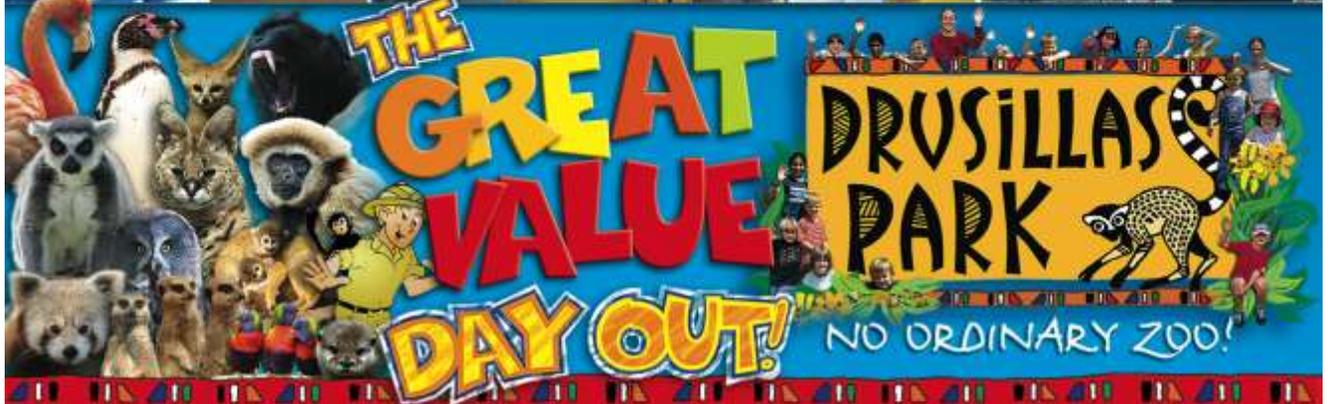
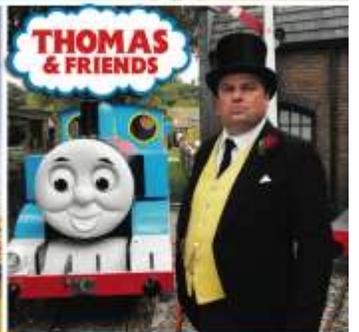
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WEBSITE!**

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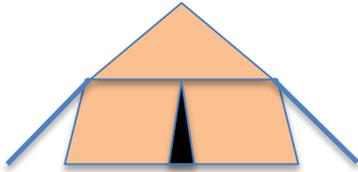


THE GREAT VALUE DAY OUT!

DRUSILLAS PARK

NO ORDINARY ZOO!

Going camping this summer? These 5 camping tips are tried and tested by Kallikids



Planning a family camping trip this summer? Here are a few ingenious tips and short cuts to help make it as smooth as possible!

1. Line your tent floor with soft floor tiles (the kind you have in a playroom). They're much softer and more comfortable than hard earth!



2. Keep kids occupied with a scavenger hunt.

If you need time to put up your tent (or relax in peace!) send them out to find items for you. Bring paper and pen and make a list of things they're likely to find or see in your location. You could include things like six different types of leaf, something soft, something rough, a beautiful stone, a leaf that's been chewed, something purple, a seed, a piece of litter etc. Have a reward for the first one back with the full list and they'll be raring to go!

3. Pack your kids' clothes in a roll. Roll up an entire outfit – shorts, t-shirt and pants – and you have ready-to-go outfits each day that they can grab without turning out everything in the bag.

Have fun and remember to send us your photos on Facebook



4. Make your own fire starters. Fill a cardboard egg box with lint from your tumble dryer and cover with wax. They'll get a fire started in the most unfavorable conditions! (Cotton pads dipped in wax also work well.)

5. Bring ready made beaten eggs for scrambling or omelettes. Fill an old water bottle with beaten egg, marking on the side the amount for one egg, two eggs etc so you can pour to order.



AUGUST CELEBRATIONS

Kids Summer Fun & 50th Anniversary music and picnic

Summer Fun Activities

1st - 31st August

Kids Fun Activities on selected weekdays, sculpture trail quiz, outdoor games and adventure playground with zip wire. Kids can bring their ball and fly their kite in the parkland.



Free events with Garden entry.



Musical Sundays

In August 1 - 3pm

Every Sunday a different musical act will perform in the Garden. Bring a picnic & enjoy the music.



50th Anniversary 30th August

50th Anniversary Celebrations with a 60's band, 60's dress up theme, games, historical exhibition and presentation by the owner. Bring a picnic and celebrate all day. 10% off if booked at least 2 weeks in advance. See website for details.



Six creative picnic food ideas

Whether you're heading off for an outdoor adventure, packing for a day at the beach or simply planning a garden feast, there's nothing nicer than a picnic with kids. Somehow food just seems to taste better when enjoyed outside!

To help make your picnic even more fun for your kids, we've come up with six creative and delicious picnic food ideas.



1. Surprise Shapes

Don't settle for boring squares and chunks – use cookie cutters to make shapes from fruit, and to bring a new dimension to your sandwiches. If you have a gingerbread man cutter, for example, you could make picnic men sandwiches. Or make stars or love hearts out of melon or watermelon

2. "Wheely" good pastries!

Puff pastry pinwheels look impressive but are reassuringly easy to make. Just buy and roll out a pack of puff pastry, then add your filling, roll up, put in the fridge for 10 minutes, and then cut into slices. Lay the slices on a baking tray and bake for 12-15 minutes at 200C, or gas mark 6. For fillings, we love a thin layer of pasta sauce, ham and grated cheese, or Marmite or chocolate spread.





3. Ready-to-go jellies

These jellies are easy to make and a real surprise treat for kids. All you need is a pack of jelly, some optional fruit, and disposable cups and spoons. Simply make the jelly and half fill the cups, add fruit and a spoon to each and put in the fridge to set.

4. Easy peasy egg muffins

This is a really, really quick and simple way to make tasty egg muffins. Grease a muffin tray and add chopped up tomato, chicken, ham, spring onion, cheese (or whatever your kids love!). Top up each muffin with beaten egg and cook at 180 degrees, or gas mark four for 25-30 minutes until done

5. Tasty chicken skewers

Finger food like these easy chicken skewers is perfect for picnics. Just buy mini chicken fillets and marinate them in two tablespoons of soy sauce and one of honey for 30 minutes in the fridge. While you're waiting, soak wooden skewers in water for 30 minutes. Then insert the skewers into the chicken and grill on high for three minutes each side, basting with the marinade half way through. Then chill ready for your picnic!

6. Wrap it up!

Wraps are fantastically versatile picnic food – you can add almost anything to them, from savory salads, meats, fish and cheeses, to sweet banana and chocolate spread. You can prepare them at home, or bring the ingredients separately and let kids have fun making their own.

Decorate
Plant pots

It's time to get
creative

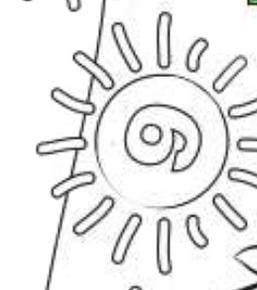
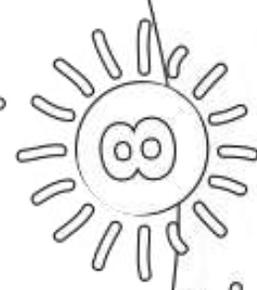
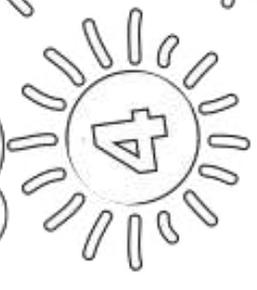
Bring out
the board
games

What's your
favorite?

's Summer countdown chart!



Print me out and
color me in. Count
down to your
holiday!



A helping hand for your little stars

www.kiddycharts.com ©KiddyCharts 2012 - Present





Brighton Wheel

a sky voyage of Brighton and Hove

KIDS

RIDE

For

£5





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Michelham Priory House & Gardens, nr Hailsham, BN27 3QS

Boasting the longest medieval water filled moat and offers a great day out for the family. On this picturesque island you will find the magnificent Tudor mansion, impressive 14th-century gatehouse, a working watermill and forge, Bronze Age roundhouse, Elizabethan Great Barn, Dovecote shop, cafe and playground.



Fishbourne Roman Palace & Gardens, Chichester, PO19 3QR

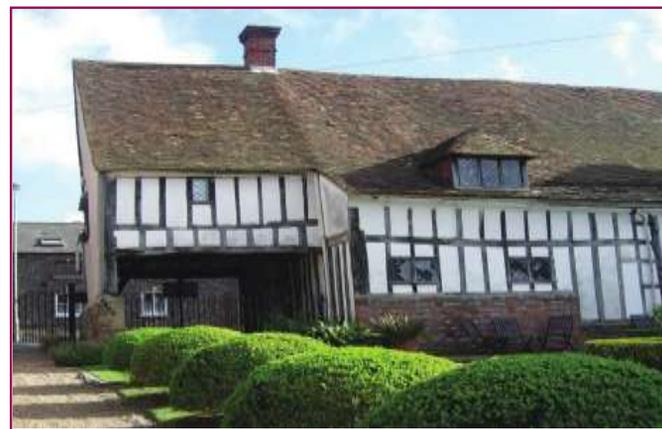
Come and explore the largest collection of early mosaic floors in Britain. Join our inspiring guided tours of the archaeological remains. Wander the recreated garden, replanted to its original plan with box hedging. Look behind the scenes in our Collections Discovery Centre and relax in our friendly cafe.

**A wonderful collection of museums, artefacts,
buildings, gardens and histories to explore! Under 5s free!**



Lewes Castle & Barbican House Museum, Lewes, BN7 1YE

Enjoy the stunning panoramic views from the high towers of this 1000 year old Norman Castle. The adjoining Barbican House is home to the Museum of Sussex Archaeology and mini cinema which tells the story of Lewes and the castle, from prehistoric to medieval times.



Anne of Cleves House Museum & Gardens, Lewes, BN7 1JA

Discover how the Tudors and Elizabethans lived, worked and relaxed at home. This impressive Wealden hall-house was given to Anne as part of her divorce settlement from Henry VIII and displays authentically furnished rooms, a traditional Tudor planted garden, local history museum, tea garden and cafe.

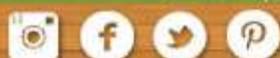


Ranked within the Top 10 Amusement Parks in the UK & the Top 25 in Europe.



FISHERS

ADVENTURE FARM PARK



fishersfarmpark.co.uk

Brighton Wheel



Children ride for £5 on the fabulous Brighton Wheel.

One child per voucher.
Subject to terms and conditions.
Offer ends 31st August.

Artful Pottery



Spend £25 or more and get a second pottery free!

Just bring this voucher with you.
Subject to terms and conditions.
Offer ends 31st August.

High Sports



15% off Family Taster Session.
1 hour session in either groups up to 4 or 6.

For all beginners aged 4 upwards. Minimum 1 adult.
Subject to terms and conditions.
Offer ends 31st August.

Eco Camp



15% off Wild Glamping (@Wild Boar Wood Campsite in 2015 for KalliKids Members.

Visit our website www.ecocampuk.co.uk and enter "KALLI15" in the promotional code section on the booking pages.
Subject to terms and conditions.
Offer ends 31st August.

Eco Camp



15% off Pitch Camping & Wild Glamping (@Beech Estate Campsite) in 2015 for KalliKids Members.

Visit our website www.ecocampuk.co.uk and enter "KALLI15" in the promotional code section on the booking pages.
Subject to terms and conditions.
Offer ends 31st August.

Sussex Past



£1 per person off our 2015 admission price

Available at Anne of Cleves House, Lewes, Lewes Castle, Fishbourne Roman Palace, Chichester and Michelham Priory, Hailsham.

Print off voucher and bring with you.
£1 off per person off our 2015 admission price up to 4 people. Not in conjunction with any other offer or discount. Valid until 10th September. For details of the properties go to www.sussexpast.co.uk
Subject to terms and conditions.

Academy of Scuba Diving



Book a child's dive and get an adult's dive for £15!

Child must be 8+.
This offer is for one child per adult.
Just bring this voucher.
Subject to terms and conditions.
Offer ends 31st August.

Academy of Scuba Diving



Book an open water course for your kids and get the adult course for £35!

Child must be 10+.
This offer is for one child per adult.
Just bring this voucher.
Subject to terms and conditions.
Offer ends 31st August.

Lagoon WaterSports



15% off all kids activities bookings.
Sailing, Windsurfing, Wakeboarding, Paddle boarding and more.

Just bring this voucher.
Subject to terms and conditions.
Offer ends 31st August.

Branching Out



Enjoy the cool of the woods and bring along this coupon for a free Climbing Wall session thrown in with any go on the High or Low Ropes.

Valid every day in August just bring voucher.
The courses are open to all ages 6 and over (there is a small play area for under that age).
Subject to terms and conditions.

